



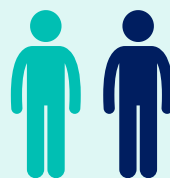
ReLATE

Whole-school model to enhance
engagement and collective wellbeing.



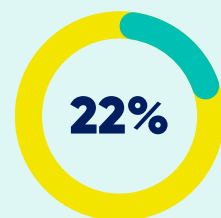
Supporting Schools to Navigate Complex Wellbeing Challenges

- Students' wellbeing needs are becoming more complex.
- Educators face increasing stress while struggling to support these needs.
- School leaders face growing pressure to meet competing demands while supporting every aspect of school life.



1 in 2
teachers are thinking
about leaving
their role.

Black Dog Institute 2023



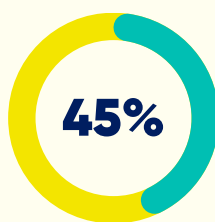
22%
Over one in five (22%)
young people were
classified as having high
psychological distress.

Mission Australia 2024 Youth
Survey Report



ReLATE is more than just
trauma-informed practice.
It is a universal practice of
teaching and learning
strategies, delivered
through a therapeutic
practice that supports and
empowers every member
of the school community.

Damascus College



45%
Teachers in ReLATE
Schools report a 45%
decrease in burnout
over 3 years of
implementation.

Strengthening Relationships and Engagement

- Proven practices, tools, and strategies.
- Co-design and expert implementation support.
- Tailored training delivered at your school.

MacKillop brings over 150 years of best practice into schools, drawing on the collective knowledge of 2,500 professionals across psychology, education, and community services.

MacKillop Institute Partners



Department
of Education



Melbourne Archdiocese
Catholic Schools



MONASH
University

Engaging. Interactive. Relevant to both personal and professional growth.
Everything you need in a school-based professional development.

*Fiona, Head of Learning Enrichment at
The Cathedral School, Townsville.*

ReLATE in Action



Tailored to Your School's Needs

- Ongoing relationship-based approach.
- Aligned with your school's vision and strategic plan.
- Co-designed implementation.
- Evidence-informed practices.
- In-built culture analysis and impact reports.



Whole-School Professional Learning

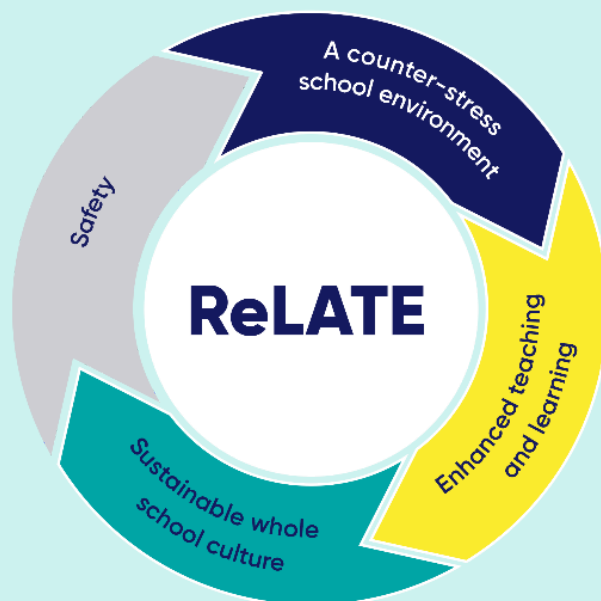
- Shared knowledge, language and practice.
- Facilitated by expert educators.
- 6 core modules that cover: key concepts, inclusive communities, safety, countering stress, enhanced teaching and learning and sustainable culture.
- 6 customised modules aligned with your school's goals.



Practical Tools and Strategies

- Foster strong relationships through practices including the ReLATE Circle.
- Navigate change and solve problems using tools like CALM Conversations.
- Enhance student engagement with strategies from The Core Four.
- Decrease educator burnout through the Educator Wellbeing Framework.

The Four Foundational Concepts of the ReLATE Education Model



Fostering a sense of safety, value and connection as a precondition for wellbeing and personal growth.

Recognising and managing stress to access our full range of strengths and expertise.

Designing environments and responding in ways that enhance student engagement and learning.

Promoting shared educator responsibility for sustaining a thriving learning culture.

ReLATE Proven Outcomes

Increased staff satisfaction, improved student wellbeing, and progress on learning goals. (Avery et al., 2023)

Strengthened trust and respect, better understanding of trauma, and positive impact on wellbeing. (Avery et al., 2021)

Reduced student conduct issues, peer problems, and overall difficulties. (Deppeler & Avery, 2020; Diggins, 2020)

Higher staff empathy, reduced reliance on punitive measures, and improved recognition of student behaviour complexity. (MacKillop Family Services, 2024)

Find out more, or register your interest by contacting us.



relate@mackillop.org.au



mackillopinstitute.org.au

Choose the ReLATE package that works for you

We understand that every school community is different. That's why we offer flexible program delivery options designed to meet your needs, goals, and budget.

CORE PACKAGE

In-Person, Onsite & Immersive

- Core professional learning days and implementation design on-site.
- Implemented in over 60 Australian schools.

PREMIUM PACKAGE

















For Schools Wanting More

- Includes everything from the optimal package.
- Even more on-site support.
- In-person leadership support.

CUSTOM PACKAGE

Flexible & Accessible

- Fully flexible.
- Designed around your school.
- Budget-friendly options.
- Your school, your way.

MAIN FEATURE COMPARISON	CORE	PREMIUM	CUSTOM
Discovery Day			✓
SIT Co-Design Workshop			✓
Professional Learning Day 1			✓
Professional Learning Day 2			✓
Trauma-Informed Leadership Training			✓
SIT Consultation			✓
New Staff Learning Catch-up			✓
Leadership Data Presentation			✓
Workbooks	✓	✓	✓
Online resource portal	✓	✓	✓
	PRICE RANGE \$15K - \$70K <small>Small - Large School p.a.</small> Average of \$250 per staff member	PRICE RANGE \$20K - \$90K <small>Small - Large School p.a.</small>	TAILORED PACKAGE

Let's find the right fit for your school.
Contact us to discuss which ReLATE package is right for your school.

Scan here to explore options.

Partnering with you to enhance staff and student wellbeing.



Find out more, or register your interest by contacting us.

 relate@mackillop.org.au
 mackillopinstitute.org.au



ReLATE: Real Impact. Strong Returns.

Along with improving wellbeing, student engagement and educator practice, the ReLATE program could also strengthen key areas across your school community.

What Else You Could Gain With ReLATE*



Reduce Staff Absence

Four less absences per staff member could save \$180,000.



Prevent Psychological Injury

Preventing two claims could save \$117,000.



Keep Great Staff

Retaining four staff could save \$100,000.



Lower Burnout

Preventing two long-term absences could save \$160,000.



Keep Students Engaged

Potentially recover 500+ learning days.



Strengthen Child Safety

Reduce risk and improve protection.



Stronger School Culture

Improve outcomes and parent engagement.

*Illustrated for an average school with 100 staff and 500 students.

A Smart Investment for Your School

By reducing stress, keeping staff and students engaged, and creating a safer school environment, you could **save up to \$500K.***

*Based on the indicative cost of year one at \$300 per staff member for a school of 100 staff.
Indicative Program Cost = $100 \times \$300 = \$30,000$
Net Saving = $\$557,230 - \$30,000 = \$527,230$
For every \$1 invested, the school receives \$17.60 in economic and wellbeing value.