

# The Sanctuary model research



**Sanctuary is a theory-based, trauma-informed, evidence-supported, whole-culture approach that has a clear and structured methodology for creating or changing an organisational culture** (National Child Traumatic Stress Network, 2008; Rivard, Bloom, McCorkle, & Abramovitz, 2004).

[https://www.nctsn.org/sites/default/files/interventions/sanctuary\\_fact\\_sheet.pdf](https://www.nctsn.org/sites/default/files/interventions/sanctuary_fact_sheet.pdf)

**California Evidence-based Clearinghouse For Child Welfare** review verifying Sanctuary as an “Evidence-supported” model, rated 3 – Promising Research Evidence.

<https://www.cebc4cw.org/program/sanctuary-model/detailed>

**Research demonstrates that survivors of trauma can be resilient if they are connected to positive, caring service providers** (Harney, 2007; Larkin, Beckos, & Shields, 2012).

**Sanctuary creates an environment in which staff can sustain work with traumatised individuals and build meaningful connections.** In separate American studies (Rivard et al., 2005; Stein, Sorbero, Kogan, & Greenberg, 2011), **research shows that Sanctuary offers a promising approach for creating a healthy environment that promotes emotional health and wellbeing for staff and service users**

Mackillop Family Services Evidence Base for The Sanctuary Model.

<https://www.mackillop.org.au/uploads/Sanctuary/SIA-Sanctuary-Evidence-Base.pdf>

Galvin, E., O'Donnell, R., Breman, R., Avery, J., Mousa, A., Halfpenny, N., & Skouteris, H. (2020). **Interventions and Practice Models for Improving Health and Psychosocial Outcomes for Children in Residential Out-of-Home Care: Systematic Review.** Australian Social Work.

<https://doi.org/10.1080/0312407X.2020.1856394> [In Press]

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<https://doi.org/10.1016/j.childyouth.2020.105346>

Galvin, E., Morris, H., Mousa, A., O'Donnell, R., Halfpenny, N., & Skouteris, H. (2021). **Implementation of The Sanctuary Model in residential out-of-home care: Enablers, barriers, successes and challenges.** Children and Youth Services Review, 121, 105901. Doi:

<https://doi.org/10.1016/j.childyouth.2020.105901>